



Fitness Center Participant Release and Agreement

Form

Document Version (Structure)

Revision	Revision date	Description of change
1.0	13-July-2020	Initial Release

Document Version (Content)

Instructions for form completion:

The Fitness Center Participant Agreement form is to be used when there is an employee who is interested in using the Fitness Center at Bridgewater Interiors Detroit.

The agreement form will be read, acknowledged, and signed before any employee utilizes the Fitness Center.

All forms are to be turned in to the Health, Safety & Environmental Department Representative.

Bridgewater Interiors - Detroit Fitness Center Guidelines & Participant Agreement**Physical Condition Requirements**

I, (Print name)....., a current employee, intern or contractor of Bridgewater Interiors Detroit facility, wish to participate in the exercise center offered by Bridgewater Interiors Detroit facility. I understand the inherent risks of participating in exercise and represent that I am aware of no physical condition that could affect my ability to participate in an exercise program of my choosing, and I have received no advice from a physician indicating that I may not participate in an exercise program.

Waiver of Liability for Health Risks

I agree that Bridgewater Interiors shall not be liable or responsible for any injuries to me resulting from my participation in my chosen exercise program (whether at home or at the Bridgewater Interiors Detroit Fitness Center). I accept and assume the risks to my health, of engaging in any form of exercise at the Bridgewater Interiors Fitness Center and expressly release Bridgewater Interiors from liability for all such health risks, claims or, actions, and judgments, whether such claims, actions, and judgments are based on any alleged negligence of Bridgewater Interiors, as a result of any injury or other damage arising from my participation in exercise or use of the Fitness Center. This release shall be binding upon my heirs, executors, beneficiaries, administrators, and assigns.

No Nonemployee Use of Facility

I understand that use of the Fitness Center is strictly for current, full-time and part-time employees, interns and contractors of Bridgewater Interiors, Detroit facility and I hereby agree not to bring anyone who is not an employee of Bridgewater Interiors, Detroit facility to the center. I further agree to indemnify and hold harmless Bridgewater Interiors, its successors or assigns, for any injury suffered by a non-employee if I violate this agreement.

Revocation of Facility Use

I have read and understand the Bridgewater Interiors Detroit Fitness Center guidelines. In consideration of my use of the fitness center, I agree to abide by the terms and conditions contained in the Bridgewater Interiors Detroit Fitness Center guidelines and this agreement. I understand and agree that my use of the fitness center may be revoked for any reason, with or without notice, within Bridgewater Interior's sole discretion.



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Severability

If any terms, conditions, or provisions in this agreement is found to be invalid, unlawful or unenforceable to any extent, such invalid term, condition or provision will be severed from the remaining terms, conditions and provisions, which will continue to be valid and enforceable to the fullest extent permitted by law.

I have read and understand the entire agreement and I hereby consent to all terms and conditions contained therein.

Participant Signature:

Date:

Company Representative:

Date: